

On the Fly/FBS Lunch Program September '09

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Homemade Lasagna Side Salad Fresh Fruit Milk or Juice	2 Taco Salad Fresh Fruit Milk or Juice	3 Fried Chicken Mac n Cheese Fresh Fruit Milk or Juice	4 Pizza Fresh Fruit Milk or Juice	5
6	7 Labor Day!!	8 Homemade Spaghetti Side Salad Fresh Fruit Milk or Juice	9 Fresh Fruit Milk or Juice Pimiento Cheese Potato Chips	10 Chicken Parmesan Green Beans Fresh Fruit Milk or Juice	11 Pizza Fresh Fruit Milk or Juice	12
13	14 Turkey Tetrazzini Peas Fresh Fruit Milk or Juice	15 Breaded Chicken Strips French Fries Fresh Fruit Milk or Juice	16 Pimiento Cheese Sandwich Potato Chips Fresh Fruit Milk or Juice	17 Hot Dogs French Fries Fresh Fruit Milk or Juice	18 Pizza Fresh Fruit Milk or Juice	19
20	21 Hamburger French Fries Fresh Fruit Milk or Juice	22 Grilled Chicken BLT Wrap Potato Salad Fresh Fruit Milk or Juice	23 Egg Salad Sandwich Potato Chips Fresh Fruit Milk or Juice	24 BLT Sandwich Potato Chips Fresh Fruit Milk or Juice	25 Pizza Fresh Fruit Milk or Juice	26
27	28 Grilled Shrimp Mashed Potatoes Lima Beans Fresh Fruit Milk or Juice	29 Baked Chicken Broccoli and Cheese Potato Wedges Fresh Fruit Milk or Juice	30 Homemade Meatloaf Side Salad Fresh Fruit Milk or Juice	27 Tacos Fresh Fruit Milk or Juice	28 Pizza Fresh Fruit Milk or Juice	29
30	31					

Plan B Lunch: Grilled Cheese Sandwich with Chips, Fresh Fruit, and Milk or Juice